



CONFIDENTIAL

To My Doctor,

I will be using the At Risk Rescue System to help in the unlikely event that I/My Child
_____ require(s) emergency treatment for:

This system is designed so that any non-trained person can provide what may be lifesaving treatment in a timely fashion. To make this treatment most effective, I require your assistance in completion of the Problem Card and Management Card. Could you also write a prescription for any medications you feel would be required on an emergency basis, e.g. EpiPen in the case of an allergic response.

Thank you for your assistance.


Signed _____ Date _____

Step 1: Please write the Problem Card in simple language and in print form. This card should describe the nature and clinical presentation of the problem.

Step 2: Please write the Management Card using simple language and/or diagrams to explain how to use the medication included.

Step 3: Please write any prescriptions required for management of the problem.

Sample Problem Card:



PROBLEM CARD

Name: Sally Jones

Problem: Peanut ALLergy

Looks like: skin rash, facial swelling, cough and wheezing, abdominal pain, vomiting

What to do: Call an ambulance on 911 then administer epinephrine- EpiPen. Give Loratidine (Claratyne) tablet by mouth. DO NOT DELAY USE OF EpiPen - IT IS LIFESAVING FOR SALLY